



## **OSHA, Injury Prevention & Mindful Safety Workshops**

For more information or to schedule a workshop listed below, call us at (860) 653-3580 or visit our website, [www.safety-solution.com](http://www.safety-solution.com).

<b>SPECIALTY &amp; MINDFUL SAFETY WORKSHOPS</b>
1. Ergonomics Naturally (2 hrs)
2. Decision Driver Safety 101 (1 ½-2 hrs)
3. Five Steps to S.A.F.E.R. Safety (1/2-1 hr)
4. Foreman and Supervisor Safety & Liability (2-3 hrs)
5. Home Meets Work® (1/2 hr)
6. How to Train So They Listen (1 ½ hrs)
7. Root Cause or Causal Factor? (2-3 hrs)
8. Mindful Coaching for Supervisors & Employees
9. Improving Tool Box Talks/ Communications (3/4-1 hr)
10. Safety Teambuilding Workshop (3 hrs)
11. Stress and Safety - Key Steps and Tips to Controlling Stress (1/2-3/4 hr)
12. Construction or General Industry Supervisory Safety 101 (2 hrs)
13. True Value of Safety (1 hr)
14. Working Mindfully (3/4-1 hr)
15. Workplace Violence and Active Shooter Awareness/ Refresher (1/2-3/4 hr)
<b>OSHA &amp; INJURY PREVENTION WORKSHOPS FOR SERVICE, OFFICES, &amp; MANUFACTURING</b>
1. Active Shooter Awareness (3/4-1 hr)
2. Asbestos Awareness – Hands on Workshop (2 hrs)
3. Bloodborne Pathogens & Infectious Substances (1 hr)
4. Confined Space Basics (2-3 hrs)
5. Effective Safety Committee (1 hr)
6. Ergonomic Basics – Facility (1 hr)
7. Ergonomic Basics - Office (1 hr)
8. First Aid, CPR, AED (7 hr)
9. Hazard Waste Awareness (Hazwoper) (4 hr, 8 hr)
10. Lockout Tagout (1/2-1 hr)
11. Machine Guarding (1 ½-2 hrs)
12. Noise/Hearing Conservation (1 hr)
13. OSHA 10 Hour (2 days minimum)
14. OSHA 30 Hour (4 days minimum)
15. Powered Industrial Truck/Forklift Certificate (3-4 hrs)
16. Respiratory Protection - Including Fit Test (1 ½ hrs)
17. Right to Know and Chemical Safety (1 hr)
18. Safety Inspections – How to Perform (1 hr)



19. Silica Awareness (1 hr)
20. Slips, Trips & Falls Prevention (1 hr)
<b>CONSTRUCTION SAFETY AND HEALTH WORKSHOPS</b>
1. Asbestos Awareness (2 hrs)
2. Basic Rigging Awareness (2 hrs)
3. Bloodborne Pathogens & Infectious Substances (1 hr)
4. Confined Space Basic (2-3 hrs)
5. Construction Safety and Liability Awareness/Refresher (1 hr)
6. Excavation/Trenching Basics
7. Fall Protection Basics/Harness Safety (1 hr)
8. Lead Awareness (2 hrs)
9. OSHA 10 Hour (2-day minimum)
10. OSHA 30 Hour (4-day minimum)
11. Powered Industrial Truck (Forklift Safety) Certificate (2hr)
12. Respiratory Protection (2 hrs)
13. Scaffold User Safety or competent person (2-3 hrs)
14. Silica Awareness/Competent Person (2 hrs.)
15. Scissor or Aerial Lift Safety basics & Rescue (2 hrs.)
<b>INDOOR ENVIRONMENT QUALITY WORKSHOPS</b>
1. Mold Basics and Prevention (2 hrs)
2. Basic Office Indoor Air Quality (2 hrs)

*SSCI also offers many other short seminars, safety briefs and workshops. If you do not see a topic of interest please feel free to inquire about that specific seminar or safety brief.*